

Rotary
District 3060



WELCOME TO OUR

NEWSLETTER

November, 2024 EDITION



President: Rtn. Dr. Ruchi Shrivastava

Secretary: Rtn. Nikhil Shah

Social Media Handles

<https://www.instagram.com/rcb.greens>

<https://www.facebook.com/rcbgreens>

Editor: Rtn. Dr. Ruchi Shrivastava

ROTARY CLUB OF BARODA GREEN

About the Club

The Rotary Club of Baroda Greens is a local chapter of Rotary International, which is a global service organization focusing mainly on Green Vertical. Rotary clubs work on various community service projects, Empowering Health and Wellness, Investing in Education, Women's Empowerment, Eco-Friendly Alternatives Promoting the use of sustainable, biodegradable products, the club encourages the community to adopt eco-friendly practices and Building a Greener Future promoting high ethical standards in business and professions, and advance international understanding and peace.

The "Baroda Greens" chapter is based in Baroda (also known as Vadodara), a city in Gujarat, India.

Our Sarathi- the Board Members





Rtn Dr Ruchi Shrivastava
President



Rtn Nikhil Shah
Secretary

President Elec
Rtn. Dr. Ruchi Shrivastava
Team for RY 24-25
GO GREEN...Before Green Goes...



Rtn Vivekh Ssrivastav
Membership Chair &
Treasurer



Rtn Dr Suneet Dabke
Service Chair



Rtn Neetu Jain
Public Image Chair



Rtn Manish Naik
TRF Chair



Rtn Kaustubh Gokhle
Sergent at Arms



Rtn Prachi Patni
Joint Secretary



Rtn Amit Sharma
Vice President



Rtn Shreya Dalwadi
Green Project Chair

The members of the board

Message from President Desk

Dear Rotarians,

As we look back on December 2024, I want to express my heartfelt gratitude for the incredible journey we have shared this month. December was filled with the spirit of togetherness and giving, and your dedication and commitment to our mission were truly inspiring.

Throughout the month, we successfully carried out several activities, including our annual charity drive, environmental sustainability projects, and awareness campaigns focusing on healthcare and women's empowerment. Each of you brought unique energy and ideas to these initiatives, making a significant impact on our community.

Together, we worked selflessly, united as a family, and contributed to making the world a greener, healthier place. Your efforts have been remarkable, and as we close this year, I am confident that we are ready to embrace new challenges and opportunities in 2025.

Thank you for your unwavering support and enthusiasm throughout December. Let's carry this momentum forward into the new year!

Warm regards,

Dr. Ruchi Srivastava

President, Rotary Club of Baroda Greens



Rtn. Dr. Ruchi Pankaj Shrivastava

Rotary Club Baroda Cosmopolitan Hosts 4th Annual Cricket Event

The Rotary Club Baroda Cosmopolitan successfully organized its 4th Annual Cricket Tournament on December 1, 2024. Over the past three years, this event has grown into a cherished tradition, bringing together Rotary Clubs in a spirit of camaraderie and friendly competition.

While the team from Rotary Club Baroda Cosmopolitan was unable to secure a victory this time, the event saw some remarkable individual performances. The highlight of the day was ARIC, an Interact member from RCBG, who was named Man of the Match for his outstanding performance on the field.

This annual event continues to strengthen the bonds of fellowship among the Rotary Clubs and provides an opportunity for members to connect, compete, and celebrate their shared values.

ROTARY CLUB OF BARODA GREEN



Rotary Club Baroda Cosmopolitan Conducts 4th Annual Cricket Tournament

Clash of Minds: The Equality Challenges Raises Awareness on Gender Equality

The Computer Department (PIET-DS), in collaboration with the Rotary Club of Baroda Greens, successfully organized the event "Clash of Minds: The Equality Challenges" on December 12, 2024. The event aimed to foster awareness about gender equality while enhancing participants' critical thinking and communication skills.

The competition featured three engaging rounds:

Debate Competition: Participants presented and defended their perspectives on gender equality.

Crossfire Questions: A rapid-fire session tested the contestants' quick thinking.

Picture Round (PPT): Participants interpreted images and identified notable women leaders.

Starting at 9:30 AM, the event saw enthusiastic participation from students who passionately expressed their views on equality, displaying their analytical abilities. The activity not only provided a platform for voices to be heard but also promoted the message of equality for both men and women.

By promoting critical discussions and displaying the importance of gender equality, the event helped spark awareness and inspired participants to continue advocating for a fairer world. The initiative emphasized the need for equal opportunities and rights for all individuals, irrespective of gender, and highlighted the role of education in driving positive social change.



Clash of Minds: The Equality Challenges Elevates Awareness of Gender Equality

Awareness Session on Healthy Practices during Menstruation Empowered Village Women

On December 12, 2024, the Rotary Club of Baroda Greens, in collaboration with PIETDS and Stree Chetna, organized an informative session on "Healthy Practices during Menstruation." The event aimed to educate village women and girls about menstrual hygiene, debunk common myths, and promote overall health and well-being.

ROTARY CLUB OF BARODA GREEN

The session covered crucial topics such as the importance of using clean menstrual products, proper disposal methods, nutrition, and managing menstrual discomfort. Interactive discussions and the use of visual aids kept participants engaged throughout the session.

As part of the initiative, sanitary pads were distributed to the participants, empowering them to adopt healthier and more hygienic practices. More than 46 women benefitted from the session, which underscored the organizers' dedication to improving women's health and fostering greater community awareness about menstrual hygiene.



Awareness Session on Healthy Menstrual Practices Empowered Rural Women

Women's Speaking Contest Empowers Voices and Inspires Change

The Women's Speaking Contest, organized by the Civil Engineering Department of Parul Institute of Engineering and Technology (Diploma Studies) under the Women Development Cell, in collaboration with the Rotary Club of Baroda Greens (RCBG), took place on December 13, 2024. The event was a powerful celebration of women's voices and ideas, providing a platform for participants to display their public speaking skills and share their perspectives on important issues.

The contest highlighted the strength, creativity, and determination of women, empowering them to express their thoughts on topics shaping the future. The initiative emphasized the critical role of women's voices in driving societal progress and fostering a more inclusive, equitable society. The event proved to be a meaningful step in promoting positive change and encouraging women to continue inspiring others through their words and actions.



The Women's Speaking Contest Amplifies Voices and Catalyzes Change

Workshop on Energy Conservation Building Code & E-Quest Software Promotes Sustainable Practices

ROTARY CLUB OF BARODA GREEN

At 14th December 2024, The Civil Engineering Department, in collaboration with the Rotary Club of Baroda Greens (RCBG), successfully organized a workshop on the Energy Conservation Building Code (ECBC) and E-Quest Software on December 14, 2024. The workshop aimed to provide participants with a thorough understanding of energy-efficient building practices and the use of E-Quest software for energy analysis.

Experts in the field delivered insightful sessions on the significance of the ECBC in promoting sustainable construction and optimizing energy performance in buildings. The hands-on training with E-Quest software allowed participants to explore its practical applications in designing energy-efficient structures. This session emphasized the importance of adopting energy conservation strategies in building design and construction.

The workshop provided valuable knowledge and tools for participants to incorporate sustainable practices into their future projects, contributing to a more energy-conscious approach in the construction industry.



Workshop on Energy Conservation Building Code & E-Quest Software Encourages Sustainability

RCBG Organizes Tree Plantation Drive to Enhance Biodiversity

On December 15, 2024, the Rotary Club of Baroda Greens (RCBG) organized a successful tree plantation drive at the Miyawaki Plantation site on Bhayali-Vasana 30 Mt Road. The event saw enthusiastic participation from RCBG members, the Nature Lover Group, and numerous volunteers.

During the drive, saplings of Sitafal, Safed Chandan, and Imali were planted to fill gaps in the plantation and further enhance biodiversity in the area. The activity underscored the importance of environmental conservation and demonstrated the collective effort required to protect and restore natural ecosystems.

This initiative reflected the strong commitment of RCBG and its partners to environmental sustainability and fostering community involvement in the preservation of the environment.



ROTARY CLUB OF BARODA GREEN



Tree Planting Drive by RCBG Increases Biodiversity

Energy Literacy Training Program Promotes Sustainable Energy Practices

The Energy Literacy Training program, organized by the Civil & Mechanical Departments of PIET-DS in collaboration with the Rotary Club of Baroda Greens and the Energy Swaraj Foundation, was held on December 16, 2024, and proved a resounding success. The event aimed to raise energy awareness and empower participants with the knowledge necessary to contribute to a sustainable and energy-conscious future.

The program brought together students, faculty members, and energy experts to discuss innovative solutions for energy sustainability. Through interactive sessions, participants gained valuable insights into energy conservation, renewable energy technologies, and the critical role of individual efforts in achieving energy swaraj.

The initiative successfully emphasized the importance of energy literacy and the collective responsibility to create a sustainable energy future.



Energy Literacy Training Encourages Sustainability

Webinar on Cervical Cancer Awareness Educates Participants on Early Detection

On December 17, 2024, the Rotary Club of Baroda Greens, in collaboration with the Parul Institute of Ayurveda, successfully organized the first session of a Webinar Series on Cervical Cancer Awareness. The session, held from 7:30 PM to 8:30 PM, was titled "Understanding Cervical Cancer: Symptoms & Early Signs" and was delivered by Dr. Mauli Vaisnav, an esteemed expert in the field.

During the insightful session, participants gained valuable knowledge on the early signs and symptoms of cervical cancer, as well as the importance of early detection and prevention. The initiative aimed to raise awareness and foster better health outcomes within the community.

This webinar marked the beginning of a series dedicated to empowering individuals with crucial information about cervical cancer, reflecting a strong commitment to community health and education.

ROTARY CLUB OF BARODA GREEN



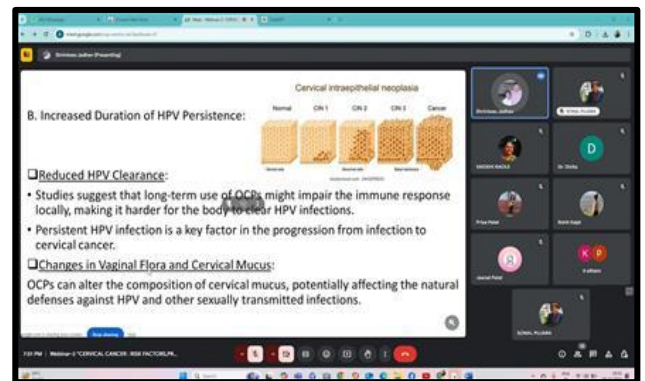
Webinar on Cervical Cancer Awareness Informs Attendees about Early Detection

Webinar on Cervical Cancer Risk Factors and Prevention Empowers Participants

On December 18, 2024, the Rotary Club of Baroda Greens, in collaboration with the Parul Institute of Ayurveda, conducted the second session of their Cervical Cancer Awareness Webinar Series. The session, held from 7:30 PM to 8:30 PM, was titled "Cervical Cancer: Risk Factors, Prevention, and Screening" and was presented by Dr. Jadhav, an expert in the field.

Dr. Jadhav delivered an engaging session that highlighted the risk factors for cervical cancer, the importance of lifestyle choices in prevention, and the critical role of regular screenings in early detection. This session furthered the mission of raising awareness about cervical cancer and promoting early intervention to reduce risks and prevent the disease.

The webinar successfully reinforced the importance of informed decision-making and proactive health measures, supporting the overall goal of better health outcomes for the community.



Cervical Cancer Risk Factors and Prevention Empowers Attendees

Poster Making Competition Raises Awareness on Cervical Cancer

On December 24, 2024, the Rotary Club of Baroda Greens, in collaboration with the Parul Institute of Ayurveda and Parul University, successfully organized a Poster Making Competition to raise awareness about cervical cancer. The event brought together students, faculty, and Rotarians to highlight the importance of early detection, prevention, and the significance of vaccination in combating cervical cancer.

Participants showcased their creativity and understanding of the topic by creating visually impactful and informative posters. The competition not only emphasized the need for health education but also encouraged a sense of responsibility among the youth to spread awareness within their communities.

The event was lauded for effectively combining artistic expression with a vital health cause, reflecting the ongoing commitment of the Rotary Club of Baroda Greens and Parul University to promote health and well-being in society.

ROTARY CLUB OF BARODA GREEN



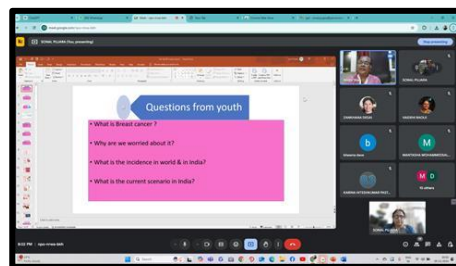
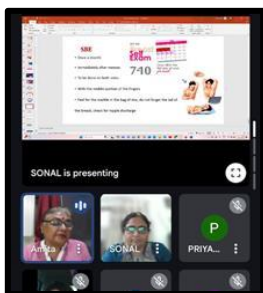
Poster Creation Contest Enhances Awareness of Cervical Cancer

Webinar on Breast Cancer Awareness and Self-Examination Empowers Participants

On December 26, 2024, from 7:00 PM to 8:00 PM, the Rotary Club of Baroda Greens, in collaboration with the Jyotindra Nath Hemchandra Medical College (JNHMC) of Parul University, conducted an insightful webinar on Breast Cancer Awareness and Self-Examination. The session aimed to educate participants on the importance of early detection, prevention strategies, and techniques for effective self-examination.

Esteemed speakers from the medical field shared valuable insights into the risk factors, symptoms, and the significance of regular screenings. The webinar also featured an interactive Q&A session where students, faculty members, and community participants actively engaged and clarified their doubts.

Attendees appreciated the initiative, recognizing its role in empowering individuals to take charge of their health and promoting proactive approaches to breast cancer prevention.



Webinar on Breast Cancer Awareness and Self-Examination Empowers Attendees

RCBG Conducts Breast Cancer Awareness Session for Non-Teaching Staff

On December 27, 2024, the Rotary Club of Baroda Greens (RCBG), in collaboration with Parul University, conducted an impactful session on Breast Cancer Awareness and Self-Examination exclusively for the non-teaching staff of the university. The event aimed to raise awareness about breast cancer, emphasizing the importance of early detection through regular self-examinations.

The program began with an introduction by representatives of RCBG, underscoring the significance of health awareness across all segments of society. Esteemed medical professionals and health experts from Parul University led the engaging session, providing valuable insights into breast cancer prevention, early signs, and the techniques for effective self-examination.

ROTARY CLUB OF BARODA GREEN

The initiative was well-received by the non-teaching staff, highlighting the commitment of RCBG and Parul University to promote health education and empower individuals to take proactive steps in maintaining their well-being.



RCBG Educates Non-Teaching Staff About Breast Cancer

Joy of Giving Event Spreads Festive Cheer Among Children

On December 28, 2024, the Mechanical and Aeronautical Engineering Department of PIET-DS, in collaboration with the Rotary Club of Baroda Greens (RCBG), organized a heartwarming event titled Joy of Giving at Apni Pathshala under SRC. The event was designed to spread the festive cheer of Christmas, fostering a sense of love, joy, and togetherness among the children.

Participants enjoyed a variety of activities that emphasized the spirit of giving and community. The event aimed to bring smiles to the children's faces, highlighting the importance of kindness, generosity, and spreading happiness during the holiday season. The initiative was widely appreciated for its role in creating a memorable and joyful experience for all involved.



Joy of Giving Event Brings Kids Joy

Expert Session on Infectious Disease Prevention & Treatment Held

On December 31, 2024, the Civil Engineering Department, under the Women Development Cell, in collaboration with the Rotary Club of Baroda Greens (RCBG), hosted an insightful expert session on Disease Prevention & Treatment. The session was led by the distinguished Dr. Kosmika Makwana, HOD and Professor of Pharmacy at Parul University.

The talk focused on understanding infectious diseases, exploring their causes, modes of transmission, and effective preventive measures. Dr. Makwana provided valuable insights into the importance of awareness and precautionary steps to control the spread of infectious diseases.

The session was well-received by participants, reinforcing the importance of health education and proactive measures in disease prevention.

ROTARY CLUB OF BARODA GREEN



Expert Infectious Disease Prevention & Treatment Session

